

... let's stop & smell the flowers!

☐ Pick berries	☐ Host a waffle party
\square Buy fresh flowers every week	☐ Hike to a beautiful lake
☐ Say a positive mantra every day	☐ Learn to make homemade jam!
\square Finish the sweater I'm knitting!	☐ Clean my mattress
☐ Attend Shakespeare in the park	☐ Take a yoga class outside
☐ Sew a 2-piece play set	☐ Learn to make focaccia bread
☐ Make a lemon cake from scratch!	☐ Plant a tree (<i>it's earth month</i> !)
☐ Run through a field of wildflowers	☐ Grow a mini indoor garden
☐ Read Emma by Jane Austen	☐ Make a rainy day a museum day
	☐ Sew the ultimate cottagecore
	dress
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